

**New Brunswick Provincial Vaping Working Group Meeting Summary**  
(Presented by the New Brunswick Anti-Tobacco Coalition – NBATC)

Meeting Date: Tuesday, June 11, 2019

Co-Chairs: Kristin Farnam, NBATC Coordinator, and Renée LeBlanc Smith, Health Promoter, Vitalité Health Network

**1. Purpose and Mandate of the Provincial Vaping Working Group**

*Purpose:* To create a forum to connect and collaborate with others to address youth vaping.

*Mandate:* The Provincial Vaping Working Group brings together organizations working to prevent and address youth vaping in NB:

- To reduce duplication of efforts, by aligning our efforts.
- To build capacity by exchanging knowledge and expertise.

**2. Structure and Expectations for the Provincial Vaping Working Group**

The proposed structure of this working group was outlined during this initial meeting. Participants agreed that the Provincial Vaping Working Group will focus on:

- aligning its work with members;
- making connections for the purpose of collaborating; and
- sharing knowledge and expertise.

This Provincial Vaping Working Group proposes to meet four times per year: June, September, November, and February.

Subgroups of members who may choose to work together on specific deliverables called *collaborative projects*, can meet regularly until their initiative is complete.

Members roles and responsibilities:

- Attend all scheduled meetings.
- Participate in Working Group discussions and contribute to Knowledge Exchange/ Transfer opportunities.
- Share information and learning or training opportunities with other members.
- Help to establish priorities of the Provincial Vaping Working Group.
- Help implement action plans and participate in any Collaborative Projects, if appropriate.

**3. Action Planning: Work Taking Place in New Brunswick and Opportunities to Collaborate**

**NBATC Website and Email Communications – E-Cigarettes and Vaping**

Vaping resources are currently listed on the NBATC's website at: <http://nbatc.ca/en/index.php?page=e-cigs-vaping-products-flavouredtobacco>. The NBATC will continue to add resources to its website, including links to all resources produced and shared by members of the Provincial Vaping Working Group that can be made available to the public.

The NBATC will start creating a special seasonal e-newsletter highlighting all recent resources and news related to the vaping issue. All members of the Provincial Vaping Working Group will receive this special newsletter, as well as members of the NBATC's general email distribution list.

Contact the NBATC at [communications@nbatc.ca](mailto:communications@nbatc.ca) if you are not already subscribed to the NBATC's email list.

**NBATC Webinar on Vaping**

A free webinar will be hosted by the NBATC in the fall of 2019. The working title of this webinar is "A Comprehensive Approach to Vaping in Schools". A promotional email with a link to register will go out in the fall and Provincial Vaping Working Group members are encouraged to share this email within their networks.

*ACTION ITEM: The NBATC is looking for medical experts to share facts on the health consequences of vaping during this webinar. Provincial Vaping Working Group members are invited to send recommendations. The NBATC will select dates for the webinar and give an update at the next Provincial Vaping Working Group meeting scheduled for September 2019.*

### **NB Lung Association Presentation**

The NB Lung Association has produced a presentation available for schools entitled: “*Why You Don’t Want to Become a Drug Addict by Smoking Cigarettes or Vaping Nicotine.*” Topics covered in this presentation include: nicotine addiction, cancer/COPD/ other conditions, chemicals in tobacco and e-cigarettes/vape juice, history of cigarettes and the role big tobacco plays in the push to get more people addicted, contraband cigarettes, vaping risks, practising breathing as if you have COPD, role playing to say no when offered cigarettes or e-cigarettes/vape pens, and taking a no-smoking / no vaping / no using drugs pledge. Contact Barbara Walls at [barbara.walls@nb.lung.ca](mailto:barbara.walls@nb.lung.ca) for more information on this presentation.

### **NB Lung Association Brochure and PowerPoint – Vaping: Know the Risks.**

NB Lung Association has created a new brochure called “Vaping: Know the Risks” which has been distributed to schools throughout the province. It is available here: <https://nb.lung.ca/sites/default/files/vaping%20brochure%20eng.pdf>. NB Lung Association has also created a PowerPoint presentation on the same topic. Contact Barbara Walls at [barbara.walls@nb.lung.ca](mailto:barbara.walls@nb.lung.ca) to obtain a copy.

### **NB Lung Association Respiratory Health Symposium**

The NB Lung Association’s 26th Annual Respiratory Health Symposium will take place on September 27, 2019, in Fredericton. The NBATC’s Coordinator Kristin Farnam will speak on ways to implement a smoke-free policy, including no vaping, on New Brunswick post-secondary campuses. Expected attendees include approximately 140 to 180 health professionals and students. Information and registration is available here: <https://nb.lung.ca/events-campaigns/respiratory-health-symposium>.

### **Vitalité Health Network-Public Health PowerPoint Presentation on Vaping for Schools**

Vitalité Health Network Public Health has been working on a PowerPoint presentation on vaping education and prevention for students in grades 6 to 12. The PowerPoint is meant for teachers and administrators to use with their students. For information on resources created by Vitalité Health Network, contact Nancy Ferguson at [nancy.ferguson@gnb.ca](mailto:nancy.ferguson@gnb.ca).

### **Horizon Health Network Public Health Vaping Education Toolkit for Schools**

Horizon Health Network’s Healthy Learners Program nurses have been working on a toolkit that addresses vaping. The toolkit includes the Comprehensive School Health Framework, partnerships and services, teaching and learning resources, as well as information on policy. This toolkit was created in response to teachers expressing a need for all the information required to be housed in one spot. The toolkit will be available soon for schools. Contact: Joyce Walker-Haley at [Joyce.walker-haley@gnb.ca](mailto:Joyce.walker-haley@gnb.ca).

*ACTION ITEM: Horizon Health Network and Vitalité Health Network will collaborate to combine resources created into one toolkit available for all schools across the province this fall. An update on this will be given at the next Provincial Vaping Working Group Meeting scheduled for September 2019.*

### **Health Canada Consider the Consequences of Vaping Campaign**

Health Canada is leading a vaping awareness and education campaign aimed at teens aged 13 – 18 years and their parents/guardians/educators called *Consider the Consequences*. The link to the campaign is: <https://considertheconsequences.ca/>.

### **Mawiw Breath of Life Program Traditional Tobacco Use and Misuse Toolkit for First Nations Communities**

A resource toolkit on *Traditional Tobacco Use and Misuse* that discusses the sacred use of tobacco as well as the commercial use of it is available for schools. This resource covers the 7 sacred teachings oriented for the community. Contact Oasoeg Milliea at [oasoegmilliea.mawiw@efned.ca](mailto:oasoegmilliea.mawiw@efned.ca) for more information.